

### **Who's In Your Ear?**

1. Three types of advice to avoid having in our ear (Psalm 1:1-3).
2. One type of advice to make sure is in our ear (Psalm 1:2-3).
3. The Lord watches over those who take His advice (Psalm 1:4-6).

#### *Action points:*

1. *Write down the names of the people you get advice from. Then write beside their name if they give advice that encourages breaking the law, that goes against God's moral standards or that makes fun of other people. Then make a conscious decision to avoid their advice. Who on your list are those who are thoughtful about how the Bible applies to life. Make a point to get their input on your next significant decision in life. God will bless your life if you follow His advice.*
2. *Commit to meditating on one verse each day this week. J.I. Packer said that meditation "is a matter of talking to oneself about God and oneself. It is, indeed, often a matter of arguing with oneself, reasoning oneself out of moods of doubt and unbelief into a clear apprehension of God's power and grace." Knowing God (InterVarsity Press, 1973), pp. 18-19.*