

### **When God Seems Far Away**

1. God satisfies the thirst of our weary souls when we are struggling with life (Psalm 42:1-3).
2. God satisfies the thirst of our weary souls when we take time to remember how He has helped us in the past (Psalm 42:4).
3. God satisfies the thirst of our weary souls when we choose to believe that God will again involved Himself in our lives (Psalm 42:5-6).
4. God satisfies the thirst of our weary souls with His love (Psalm 42:7-11).

*Action point:*

*Begin a written list of times that God has blessed you. You creative types might prefer making a creative memories album complete with pictures. And each time you struggle, go through it and remember how God has helped you. At the end of the journal put the phrase from Psalm 42:8, "Put your hope in God, for I will yet praise him, my Savior and my God." Pray that phrase to God as an expression of faith and expectation for the future. And wait on the Lord. He will satisfy your thirsty soul.*