

The Fear Of Loving Again

1. When we get ourselves in a situation where we look to the wrong people to help us and they want to hurt us instead pray to God for mercy (Psalm 56:1-2; 5-6).
2. When we are afraid because of what people might do to us the antidote to fear is to step out in faith trusting in God to act (Psalm 56:3-4; 10-11).
3. When we are afraid we can pray honestly knowing that God cares about our pain and will eventually draw our hearts to Him in worship (Psalm 56:7-13).

Action point:

Memorize verse 3 of Psalm 56. Next time you face fear, quote that verse to yourself and then do what it says by stepping out in faith in the area of your fear and trust God to work. You will find yourself becoming free from your fear and closer to God.