

Will I Get Everything Done Before The Next Deadline?

1. When you are overwhelmed with life you find relief by reintroducing God into your thoughts (Isaiah 40:28).
2. When you are overwhelmed with life you find relief by learning to draw strength from the Lord (Isaiah 40:29).
3. When you are overwhelmed with life you find relief by learning to hope in the Lord (Isaiah 40:30-31).

Action point:

List three things that are overwhelming you in life. For one of them reintroduce God into your thinking in that area. Ask and answer what it is about God as eternal and God as Creator that will help you in that area. For another of the things you have written down that overwhelm you, draw on God's strength by being quiet before him. Just go to a park and lay what you have written about this area on the ground before the Lord and be quiet. Tell the Lord that you accept this weakness so that you can be strong. With the third area write down things that will cause you to hope in Him. If you want to take a further step, over the next month read a Psalm a day and write down when the Psalmist feels overwhelmed and write down what he did to overcome it. See if it applies to one of your three things. As you take this passage in Isaiah to heart, your strength will be renewed.