

Things That Go Bump In the Night

1. Some of the things that go bump in the night have a spiritual reality (Ephesians 6:10-13).

2. We have been given the tools to address those spiritual evils which go bump in the night of our lives (Ephesians 6:13-18).

Action point:

Write down two evil things that you are facing in your life right now. In order to apply the truths of Ephesians 6:10-18 to this situation write down the subjective feelings that you feel about this situation. Now find some verses in Scripture which tell you objective truths about how you should respond ("the belt of truth"). Get someone to help you identify some Bible verses about your situation ("the sword of the Spirit"). Now make a commitment to God in prayer that you will do what the verses say and not what your feelings are saying ("the breastplate of righteousness"). Now take a step of faith and put together a plan for how to do the right things you see in those verses and do that plan ("the shield of faith"). Get another believer to evaluate your plan. Resist the feeling of giving up by reminding yourself of the hope we have in Jesus Christ ("the helmet of salvation"). Ask God to bless this plan ("pray in the Spirit."). Trust in His strength to pull off a good result and not in your ability to make things happen and watch God change lives including your own.